

# Daily Word



A UNITY PUBLICATION  
DECEMBER 1949

# *Class Thoughts*

**PEACE . . .** Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

**PRAYER FOR WORLD LEADERS:** Through the Christ mind you are unified in thought, purpose, and understanding for the good of all humanity.

NOV. 20 to DEC. 19

**ILLUMINATION** (11 a. m.): "He hath put a new song in my mouth," even the song of wisdom, even praise unto the Lord of light.

DEC. 20 to JAN. 19

**ILLUMINATION** (11 a. m.): Christ is born in me this day. "THE LIGHT which lighteth every man" now lights my way.

**PROSPERITY** (12 noon): "He hath put a new song in my mouth," even the song of plenty, even praise unto the Father of riches.

**PROSPERITY** (12 noon): Christ is born in me this day. The gifts of wisdom and of plenty bless my mind and my affairs.

**HEALING** (9 p. m.): "He hath put a new song in my mouth," even the song of wholeness, even praise unto the living God.

**HEALING** (9 p. m.): Christ is born in me this day. Blessed am I with the wholeness of His divine perfection.

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# DAILY WORD

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## DAILY LESSONS FOR DECEMBER

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## *Our Gift to You*

### SILENT UNITY

**S**IENT Unity gives many gifts at Christmas time. Our gift list is long, but there is no limit to our giving. The gifts we give cannot be purchased, wrapped in tissue paper, tied with ribbon, sent through the mail, placed under a Christmas tree. They are all gifts of the Spirit; they are the fulfillment of dreams, needs, hopes.

To the small boy with a frail body we are sending a gift of healing: We behold the Christ in you as health. To the young man with a shaken faith we send a new faith: "We behold the Christ in you as faith." To the busy housewife harassed by lack of time to do all that she must do in a home with several youngsters we make the double gift of poise and order: "We behold the Christ in you as poise and order." To the frightened teen-ager facing mid-term exams we present wisdom: "We behold the Christ in you as wisdom." To the statesman who wants to right the world, rid it of wrongs, we send the gift of understanding: "We behold the Christ in you as understanding." To the

businessman with his responsibilities, debts, loans we send new ideas of prosperity and success: "We behold the Christ in you as prosperity and success." For all those for whom we have a gift we affirm: "We behold the Christ in you as that which you need for rich and satisfying living."

Dear DAILY WORD reader, you are on our Christmas list too. We cannot know all your dreams or aspirations. We cannot know the needs of your heart, but our gift to you can help you realize the fulfillment of your every need. Our gift to you is this realization: "We behold the Christ in you." We see you as you are in reality; we know you to be all that your potentialities promise; we feel the presence and power of God in the depths of you; we honestly, surely, sincerely behold the Christ in you.

Because each one of us in his heart loves you we should like to say personally to you: "I behold the Christ in you." Because we are all one in this Silent Unity ministry, we are saying and praying, "We behold the Christ in you."

We know that Christ's presence is with you at this Christmastide, blessing you with peace and light and joy. We know that it will be with you throughout the new year, guiding and inspiring you in all that you do.

God bless you! Merry, merry Christmas!



## *In a Good Light*

CLEDA REYNER

YOU HAVE known people who seemed to have a talent for bringing out the best in others. You have also known those who seemed to have a talent for bringing out the worst. It is of course infinitely more pleasant to have people show us their best side, and there is much we can do to insure this kind of response on their part. Emerson said, "We must be as courteous to a man as we are to a picture, which we are willing to give the advantage of a good light." The light in which we see others does seem to be the decisive thing. If our feeling for them is kindly and generous and if our attitude and our words convey this feeling,

there is no doubt that the response we get from them will be good.

It seems imperative to the highest development of human beings that they have the warm light of love and praise and approval turned upon them. Characters have been transformed, talents have been nurtured, and careers have been promoted because someone recognized and praised some early sign of good.

Daily we influence someone—in fact every person we come in contact with—toward happier or unhappier living. No one is happy unless he feels sure that he appears in a good light to his fellow beings, and there is no surer way of letting him know that he does than to tell him so.

Visiting an art gallery once, the students of an art class were told to take note of the things they liked about the pictures they saw, such things as light, color, line, perspective, motive. They were looking for the things that were "right," and they found them. If we have "a heart to know, and eyes to see, and ears to hear" we see evidences of that which is right and good everywhere we look. The evidences are not all sturdy, to be sure, but sturdy enough to warrant our praise and approval. Thoughtful deeds are much more likely to be repeated if there is evidence that they are valued. Dependable conduct will become stronger and

more habitual if there are signs that such conduct is welcomed. Gracious acts become a pleasure to perform if their performers are given to know that their graciousness is appreciated.

Some of us have kept our feelings in check so well that we find it difficult to say the things we feel. Just recently a mother told me in regretful tones that her daughter wanted and greatly needed some assurance of her motherly approval and appreciation, yet she felt powerless to express herself. With this mother, as with so many other persons, it is only a matter of overcoming shyness and inarticulateness. Such people feel, they love, they appreciate things, but they have told themselves too often that what they think and feel does not count. Only by small beginnings and frequent practice can they overcome their inadequacy.

Years ago I started to save poems that I liked. When I copied them I did not always copy the author's name, much less did I ever think of writing him a line of praise for his work. It never occurred to me that he needed the reward and stimulus of my appreciation. I believed that if he could write poetry he had already gone beyond the need of anything I could give him. I reasoned in the same way about the ministers whose sermons I liked and the teachers who helped me most. Though I know that people give because they

must when they have a gift to share, I also know now that a cycle of good has been completed when those who receive express their pleasure.

If all the people who bemoan the fact that they have passed the age of their greatest physical usefulness could realize the service they could render through praise they would know that they have much to live for. I shall always remember an elderly woman who went to the hospital, a plain little person whose hands were not able to serve her own smallest needs. Could such a one do anything but receive? She could and she did. She praised the nurses for the gentleness of their hands when they cared for her. She told them how good and clean they looked to her in their white uniforms. She praised them for their thoughtfulness of her wants and needs. Nor was any of this false praise, for the nurses were truly angels so far as she was concerned, and the internes who had to lift her and minister to her were little less than gods. I am positive that every one of those who served her became better in his profession because of the value she placed upon his merciful activities.

There is so much for the age-wise to see of potential good in little boys and girls that busy parents overlook. There is so much promise of beauty for them to note and comment upon in the too-

long, too-lanky, or too-fat little girls who stand on the threshold of maturity with wistfulness in their eyes and hope in their heart. There is so much that is prophetic of reliability and a well-rounded character in the awkward and work-avoiding adolescent boy that needs the stimulation of recognition and praise. No one is useless in this world if he is liberal with praise, for everyone stands so much in need of it. The following poem, which is one of those which I saved without noting the author's name, is representative of the thankfulness that all people feel toward those who have been generous with the words that made them know they stand high in somebody's estimation:

"Each time we meet, you always say  
Some word of praise that makes me gay;  
You see some hidden, struggling trait,  
Encourage it and make it great.  
Tight-fisted little buds of good  
Bloom large because you said they would.  
A glad, mad music in me sings,  
My soul sprouts tiny, flaming wings;  
My day takes on a brand-new zest.  
Your gift of praising brings my best,  
Revives my spirit, flings it high;  
For God loves praise, and so do I."

The person who is shy, fearful, or slow to learn,  
the person who thinks ill of himself or others,

stands in need of your praise. In the light of your praise you can see the good that is there, and in the seeing of it and the praising of it you automatically set forces to work that reinforce and strengthen it.

In the light and warmth of your praise and appreciation and in the words of your mouth there is enough encouragement and inspiration to make every person you meet feel and act more like a child of God, like an heir to all the blessings that constitute abundant living.

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### HOW TO FORGIVE

"Oh," says someone, "but I can't forgive, for when I try to do that, the memory of many wrongs comes up and I cannot forget." Give for the memory of the wrong, a thought of the good which has come to you through this experience; then you can see that "surely the wrath of man shall praise thee." Then can you see that this one has been the instrument in the hands of the good for your salvation. So let your honorable purpose strengthen your weak efforts every day, till you awaken some bright morning with a new song in your heart—praise to your good.—*From a Silent Unity pamphlet, "Praise," by Mrs. A. A. Pearson.*

## *The Light of Life*

HAZEL THOMAS WRIGHT

The light of life! How wonderful to know  
That God is with me everywhere I go;  
His radiant love illuminates all my way,  
Makes clear my path, turns darkness into  
day.

I fill my heart and mind with thoughts of  
Him,  
Knowing no power on earth can ever dim  
The light of life; it shines eternally,  
Revealing ways of Truth, the good, to me.

If in my onward going I should pause  
Bewildered, tense, conscious of human  
flaws;  
When fears beset me and I seem to fall,  
God's blessed word is precious to recall:

"I am the light!" My faith renewed, again  
I push ahead, forgetting doubt and pain;  
Assured that if my faith is steadfast, true,  
The shining light of Christ will see me  
through.





"THROUGH ME NOW FLOWS THE LIFE STREAM,  
FREE, ITS CLEANSING WAVES ROLL,  
I ENTER THE CURRENT  
AND I AM MADE WHOLE!"

**I**N Silent Unity we have had so many cases of seemingly miraculous healings that we can say with faith and assurance: "There are no incurable diseases!"

God's healing life is everywhere present; it is flowing through you this very instant. Think of God's healing life as a veritable stream of life flowing through the veins and arteries, regulating each heartbeat, controlling nerves and muscles, adjusting the functioning of every organ.

There is only one life, God's life, and you are a part of this life as a drop of water is a part of the ocean. You cannot be separated from God's life, for in it you have your very being.

You can be healed! Have faith in this. Open your mind to ideas of life and wholeness and let go of any belief you have held that there is any condition that cannot be healed. Enter the current of wholeness now and be healed.

*\* Thy faith hath made thee whole. And the woman was made whole from that hour.—MATT. 9:22.*

## I GIVE IN THE SPIRIT OF THE CHRIST LOVE.

**A**s Christmas approaches most of us are faced with the problem of gift buying. None of us wants to become so weary and tired from Christmas shopping that we miss the real spirit of Christmas. And in spite of the crowds of shoppers we encounter none of us needs to when we put real joy and happiness into our gift buying.

When we remember that it is not the amount we spend for the gift but the spirit in which it is given that is important, we use wisdom and good judgment in our spending. Giving in the spirit of divine love, we open the way to enjoying Christmas to the full.

In a spirit of happy expectation and with love and joy in our heart, we are fortified with tact, patience, and kindness, and we are able to purchase suitable gifts with a minimum amount of time and effort.

To each material gift we buy we can add the gift of a loving heart. Truly Christmas to us becomes the time of universal brotherhood, when Christ is born anew in the hearts of men.

• *Except one be born anew, he cannot see the kingdom of God.*—JOHN 3:3.

## Saturday

THE LOVING PRESENCE OF GOD PROTECTS,  
GUIDES, AND GUARDS ME AND MY LOVED  
ONES.

**H**E WILL give his angels charge over thee,  
To keep thee in all thy ways."

What a comfort and relief it is to know that wherever we are we are never alone but safely infolded in God's presence! There is never a moment but that we can say: "God is here with me, and I have nothing to fear. God's love completely surrounds me and protects me." This moment and at intervals throughout the day take time to realize that God is with you, giving you the guidance you need, lighting the way before you, going with you wherever you go.

Just as surely as God is with you He is with your dear ones. Let go of any tension or anxiety you may have about them. God is closer to them than you could be even if you were right with them, for He is omnipresent; in Him they live and move and have their being. He is with the ones you love, guiding, guarding, and protecting them.

*For he will give his angels charge over thee,  
To keep thee in all thy ways.*

—PSALMS 91:11.

'MY SPIRITUAL EYES ARE OPENED AS I PRAY,  
AND I BEHOLD THE BLESSINGS GOD HAS PRE-  
PARED FOR ME.

**H**AVE YOU felt sometimes that your prayers are not answered, no matter how earnestly you pray? Have you failed to reach a consciousness of God's love filling you? Do not be discouraged or downcast if this is so. Keep on praying and believing and looking toward the good.

God answers prayer always by revealing more of Himself to you and to those for whom you pray. When you pray for more good for a loved one, God speaks through the Christ Spirit in him, and his consciousness is lifted to a realization of more of God and good.

When you pray leave the answer to God. His will and way become apparent in due time, and you will know that He has answered you. You will know that the answer is right.

"Thou art my light; through Thee I see. My spiritual eyes are now opened, and I behold the blessings Thou hast prepared for me.

• *The effectual fervent prayer of a righteous man avail-  
eth much.—JAMES 5:16 (A. V.).*

THE WORK I DO IS GOD'S WORK, AND I DO IT  
CHEERFULLY AND WELL.

WHEN I cease thinking of my work as a personal burden, realizing instead that it is my contribution in an orderly universe, I begin to have a right conception of the place I occupy in the divine scheme of things. I find that I am about my Father's business, and I rejoice that this is so.

If I think my present occupation is unimportant and that I am capable of a better one I turn within, asking God to lead me to the work He would have me do. Meanwhile I give my best efforts to the work at hand, being alert to opportunities for advancement. I then rest assured that I have set myself on the path of my good and will arrive at my divinely appointed right place.

Perhaps in my present place I have something to learn or to teach, and until this is accomplished it is the Father's plan that I remain here. In His good time He will lead me into the work where I may most happily express Him.

Father, the work I do today is Thy work, and I do it cheerfully and well.

• *Thou hast blessed the work of his hands.*—JOB 1:10.

I AM HARMONIOUS AND LOVING AT ALL TIMES AND UNDER ALL CIRCUMSTANCES.

**I** WILL remember Paul's words: "As much as in you lieth, be at peace with all men . . . Be not overcome of evil, but overcome evil with good."

"As much as in you lieth." This is my cue. It is not what the other person has said or done that is so important, it is my reaction to it. In my own heart and mind I can keep peace, I can conquer feelings of bitterness or fear, I can overcome negative or critical trends of consciousness.

"Be not overcome of evil, but overcome evil with good." This overcoming I achieve within me. The only way that I can be harmonious and loving at all times is to keep my own faith steadfast and strong, to bless instead of condemning, to forgive instead of resenting, to look for the good that is present in all persons and situations rather than judge by appearances.

O loving Father, Thy light and Thy love now fill my heart and mind, and I am at peace with every person.

• *As much as in you lieth, be at peace with all men.*  
—ROM. 12:18.

## Wednesday

I AM ORDERLY, EFFICIENT, AND SYSTEMATIC IN MY WORK, IN MY HOME, AND IN MY FINANCES.

**G**OD works only in ways that are orderly and unconfused. I will search my heart today for ways to be more orderly, efficient, and peaceable in my life. In my work I will see if I can be more orderly in handling even the small details. I will do each task lovingly, as if for God, knowing that He is my employer and that He rewards my efforts with success and prosperity.

In my home I will try to be more systematic in arranging my work so that I can keep my home clean, orderly, and peaceful. I will begin my day by turning first to God in prayer, letting go of all confused thoughts and affirming His presence in my home.

In this spirit of order, peace, and trust in God, I will bless the supply I have and pray for wisdom in using it. As I am wise and orderly in using the supply God has intrusted to me, I know that it will be multiplied and that I shall be a channel for increased supply to meet every need.

• *I am . . . with you . . . beholding your order, and the steadfastness of your faith in Christ.—COL. 2:5.*

# Thursday

DECEMBER 8

## I PLACE MY DEAR ONES IN GOD'S CARE AND KEEPING.

IT is easy to acknowledge God's constant care for those whom we know only casually, but it is often difficult to acknowledge the same thing for our loved ones. Our very love may blind us to the truth that they too are God's children and as such are included in His plan of good.

In our anxiety for them we fear that they may not act in such a way as to derive the greatest blessings from life, that they may not grasp the truth as we see it, or may not conform to the plans and expectations we consciously or unconsciously have for them.

However we need to free our dear ones completely, placing them in God's care and knowing that His will for them is being done through them. Though we may not understand the way in which good is being accomplished, let us have faith in its ultimate outworking. This is the way we truly bless our loved ones.

Affirm for anyone dear to you: "I place you in God's care and keeping, knowing that all is well with you."

• *Jehovah is thy keeper.—PSALMS 121:5.*

DECEMBER 9

*Friday*

I AM HAPPY AND UNAFRAID, FOR I AM SECURE  
IN GOD AND MY GOOD.

**F**ROM the beginning God's Spirit has been with me, a force for good and growth in my life. When I remember how my needs have been met, when I remember how ways have opened up to me when there seemed to be no way, when I remember what I was and realize how far I have come, I cannot doubt God's presence with me.

Always there will be changing circumstances and conditions, but always the presence of God will be with me, unchanging, unfailing. I am secure now and forever in this knowledge.

The outer things or persons in which I have placed my trust may fail me, but my true security is unaffected. The source of my security is in the Spirit of God in me. When I remember this, in happy times and in times when my security seems threatened, I shall remain confident and unafraid, and I shall go forward in faith to claim my own God-given good.

• *That we may be no longer children . . . but speaking truth in love, may grow up in all things unto him, who is the head, even Christ.—EPH. 4:14, 15.*

# Saturday

DECEMBER 10

GOD IS MY HELP IN EVERY NEED. GOD DOES  
MY EVERY HUNGER FEED. GOD IS THE  
ANSWER!

**R**EMEMBER that God is your help in every need. He lives eternally in the heart of His children; He feeds each hungering soul and fills each life with His good. God is the answer!

Nothing in the outer world can stand against God's power to bless and heal and free when you let His joyous life come alive in you and allow yourself to be the instrument through which His work is accomplished.

Shut out of your mind all thought of personal responsibility. Relax in God's love, and remember that you are merely the channel through which God's freeing power flows. As you gain peace and poise of spirit, your confidence and faith in God's power will grow strong and firm and steadfast.

You can say with assurance: "I thank Thee, Father, that by Thy power and through Thy love I am now set free." You can have this same assurance about anyone whom you would bless.

• *For I, Jehovah thy God, will hold thy right hand, saying unto thee, Fear not; I will help thee.—ISA. 41:13.*

I MAINTAIN AN ATTITUDE OF THANKFULNESS  
THROUGHOUT EACH DAY.

**I**BEGIN this day with a prayer of thankfulness, and though many things arise throughout the day to occupy my attention, my attitude remains one of gratitude.

The person who is thankful for the blessings that come his way automatically develops an alertness and receptivity to new blessings. Our heavenly Father has an abundance of good things in store for each one of us, but in order to receive them we must train ourselves to recognize even the most obscure of them. While many blessings are quite obvious others may be of such an intangible nature as to require an especially sensitive and receptive mind. Inspiring ideas may easily be lost if we fail to maintain an attitude of receptivity.

Thankfulness therefore plays an important part in our spiritual progress, and counting our blessings not only produces in us a sense of joy but prepares us for greater blessings to come.

O loving Father, I maintain an attitude of thankfulness throughout each day.

• *Giving thanks always for all things in the name of our Lord Jesus Christ.—EPH. 5:20.*

I THINK, WORK, AND PRAY WITHOUT STRAIN;  
I LET THE EFFORTLESS POWER OF SPIRIT FLOW  
THROUGH ME.

**T**HIS DAY I think easily upon the things that confront me. Instead of straining ahead with anxious thoughts for the future, I give my attention calmly to the situation before me this moment. Instead of forcing myself to concentrate tensely on a given subject I focus my attention quietly on the subject in question, reminding myself that God illuminates most when I am most still.

Whatever my job may be I perform it with a sense of joy—joy because I am able to work, and joy because through my work I am able to serve. When the pressure of time seems much too great and tends to make me nervous and upset, I pause in my duties for a moment, relax completely, and know that the power of God in me can do all things.

When I pray, then most of all do I realize the necessity of absolute tranquillity. Instead of reaching out to God I rest in the truth that God is with me. Instead of holding tensely to my prayer I contemplate the words with quietness and ease.

• *Thou wilt keep him in perfect peace.—ISA. 26:3.*

DECEMBER 13

## *Tuesday*

TODAY I KNOW THAT I AM A CAPABLE, BE-LOVED CHILD OF GOD.

ARE YOU a person whose peace of mind is disturbed by an underlying sense of apprehension and uneasiness? Many persons who come to Silent Unity for prayer tell us that there is nothing on the surface of their life to fear or to be disturbed about, but still they have no peace of mind.

A peaceful mind is built upon faith in God and in oneself. The person with an apprehensive, uneasy mind is one who has not yet learned that God's Spirit is within him, that he is equipped with unfailing powers for accomplishment.

To develop deep and abiding peace of mind a person needs to accept himself in terms of his true spiritual stature. He needs to know that no matter how unloved or inadequate he may feel he is equipped to create as full and as rich a life as he needs for satisfaction. As faith in God and self is developed, deep and abiding peace of mind is established.

*What time I am afraid,  
I will put my trust in thee.*

—PSALMS 56:3.

# Practicality

JAMES DILLET FREEMAN



At Christmastide for a joyous span  
The Lord has His way with the heart of man;  
The rest of the year is run by reason.  
Christmas is love's triumphant season!  
And something happens, something strange,  
For all the laws we live by change;  
And we hear instead of practical people's  
Figures and facts the bells in the steeples  
Chock-full of cheer, and voices of boys  
With good will to the world, and the wonderful  
Of a magical sleigh and reindeer hoofs  
Clattering, clattering over the roofs  
Of our hearts; and we see what we could not see  
Blinded by practicality:  
The beauty of a shining tree,  
A snowlit, starlit night, the bright  
Courage that is candlelight;  
And we find new faith in weary faces  
And joy in unaccustomed places.  
And the secret—is it the secret of living?  
Instead of getting people are giving!  
As busy as Santa and his elves  
Giving their silver, giving themselves,  
Giving from riches, giving from lack—  
And never a scheme to get it back:  
The whole race living, young and old,  
By the Golden Rule, not the rule of gold!



## Wednesday

DECEMBER 14

I CANNOT BE SAD, FOR I KNOW THAT NOTHING CAN SEPARATE ME FROM THE LOVE OF MY FATHER.

**W**HEN Jesus looked upon the multitudes crowding around Him asking for help He was filled with compassion for them. Their great need touched Him. But when He beheld the divine spirit in all He was filled with a comforting joy.

Often we let the appearance of trouble in our life and in the lives of those about us make us sad. Sorrow touches us all at times from one cause or another. But whatever the cause, it will not last if we realize that God our Father is everywhere present, all-powerful, loving, and good.

The light of Spirit within us is bright enough to turn sorrow into joy when we turn to it in trusting prayer. The strength and love of Christ is within us, powerful to wipe away all tears. The knowledge that God is with us gives us unutterable joy.

Because I know that Thou art with me, O loving Father, I am lifted above all sorrow and strengthened and comforted by Thy spirit of joy.

• *Sorrow is turned into joy before him.—JOB 41:22 (A. V.).*

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DECEMBER 15

## *Thursday*

I HAVE FAITH IN GOD AS THE SOURCE OF MY GOOD, AND I ACCEPT EVERY CHANGE AS AN OPPORTUNITY TO GAIN NEW UNDERSTANDING AND NEW JOY.

**I**T IS the fear of the unknown that makes us refuse or resist change. But the unknown is not a fearsome enemy waiting to defeat us; the unknown is opportunity—opportunity to expand our personal world, to uncover our yet unused resources.

Deep in the heart of every person is the desire for greater expression of the powers and abilities that he feels lie latent within him. But many persons never fulfill this desire because they reject change, because they refuse to take the step out into the unknown that often must be taken on faith alone.

Change is a natural part of life. When we remember that our good comes from God we never fear change. We enter into life and accept its fluctuations and changes with joyous expectation. We know that every new experience brings new understanding and new joy.

\* *As we have opportunity, let us work that which is good.*—GAL. 6:10.

I BELIEVE IN THE POWER OF THE SPIRIT OF GOD TO ESTABLISH JUSTICE IN MY WORLD.

**N**EARLY everyone has times in his life when he thinks that he is being judged or treated unjustly. If we believed that the justice that man metes out to man and nation metes out to nation is all the justice there is we should have reason to be discouraged.

But there is a spirit in every man that tells him the truth, that assures him that there is a justice above and beyond man-made justice. Perhaps the individual who has experienced unjust treatment may never see justice clearly defined in a particular situation, but if he will listen to the spirit within him he will know that God's law of justice will ultimately prevail.

It is important to be aware of God's law of justice and to have faith in it, for it sets a person free from fear of injustice. It frees him from resentment and the desire for revenge. It helps him to meet with calmness and self-control, any situation in which justice comes into question, for he knows that justice for him is established in God.

• *The law of the Lord is perfect.—PSALMS 19:7 (A. V.).*

DECEMBER 17

*Saturday*

GOD LEADS ME STEP BY STEP ALONG THE WAY, AND FROM HIS LOVE I CANNOT EVER STRAY.

**I**F CLOUDS of anxiety and fear make your day dark and dismal and the light seems shut away, try repeating these words of a beloved hymn: "I do not ask to see the distant scene; one step enough for me."

As you repeat the words try to realize that God is with you now at this very moment. He will be with you the next moment, the next hour, tomorrow, next week, forever. Believe this to be true, and you will see that there is no cause for fear or worry now or ever.

The light will break around you, the kindly light of God. Whatever experiences come, God is ahead of them, mighty to take away any harmful power they may seem to have.

When we see God in everything, the future event becomes a sunrise of promise. Light for each step is enough, for God is guiding the way.

*The law of his God is in his heart;  
None of his steps shall slide. . . .  
Jehovah will not leave him.*

—PSALMS 37:31, 33.

# Sunday

DECEMBER 18

THE FULLNESS OF GOD IS WITHIN ME NOW,  
READY TO HELP ME IN EVERY WAY THE  
MOMENT I TRUST IN HIM.

God is not a being apart from me, indifferent toward me and my problems; He is rather a presence, inseparably close—my very life itself—the source of my happiness and welfare. God does not dwell on some high plane of consciousness and wait for me to grope my way to Him as best I can; but His love is present within me now, on whatever level of consciousness I find myself. The moment I realize my need and turn within to Him in quiet trust, this resurrecting power of love comes to my aid and helps me to rise from the valley of darkness to the mountaintop of freedom and light.

Now, this moment, I am immersed in the presence of God, and the presence of God is now, this moment, within me. Right now, even as I read these words, God's everlasting arms infold me round about, upholding me, sustaining me. So I release every tension and fear by completely relaxing in this all-encompassing love.

• *Now is the acceptable time; behold, now is the day of salvation.—II COR. 6:2.*

DECEMBER 19

## Monday

GOD IS THE GIVER OF ALL GOOD, AND HE SUPPLIES ME WITH ABUNDANCE TO MEET MY EVERY NEED.

**I**NSTEAD of thinking that we are poor and without sufficient money to meet our needs, if we want a permanent flow of prosperity into our life and affairs, we need to accept with courage and faith our heritage of abundance.

In his book *Prosperity* Charles Fillmore says: "So inexhaustible is the bounty of the Giver of all good that to him who has eyes to see it and faith to receive it God is an unfailing source of supply. The munificent Giver withholds nothing from him who comes in the name of a son and heir and lays claim to his portion. It is the Father's good pleasure to give us the kingdom, and all that the Father has is ours. But we must have the faith and the courage to claim it."

We begin right where we are today, this moment, to claim God as our supply and our support. As our mind becomes fearless and free and stayed upon God, the way is opened for the inflow of His inexhaustible substance.

• *I will . . . open you the windows of heaven.*—MAL. 3:10.

CHRIST IS BORN IN ME THIS DAY. "THE LIGHT WHICH LIGHTETH EVERY MAN" NOW LIGHTS MY WAY.—UNITY ILLUMINATION THOUGHT.

**T**HE beautiful story of the birth of the infant Jesus in Bethlehem of Judea, who became the perfect expression of Christ, the light of the world, is loved by all who see in it the fulfillment of a divine promise. God, the infinite Father, sent His only-begotten Son, the Christ, to dwell among us, to be made known to us in perfect expression through Jesus, the Son of man.

The birth of Jesus in humble circumstances, scarcely noticed amid the hurry and bustle of the time, is symbolic of our awakening to Truth. For "unto us a child is born, unto us a son is given" the moment that we first realize the divine nature of our being. Thereafter Christ is born in us again and again as our understanding of Truth grows, as we become more receptive to the infilling presence of the Lord of life, light, and substance, and seek to unfold and expand our divine qualities and powers.

Within our being Christ is saying, "I am the light of the world."

• *Christ shall give thee light.*—EPH. 5:14 (A. V.).

DECEMBER 21

## *Wednesday*

CHRIST IS BORN IN ME THIS DAY. THE GIFTS OF WISDOM AND OF PLENTY BLESS MY MIND AND MY AFFAIRS.—UNITY PROSPERITY THOUGHT.

**T**HE BIRTH of Christ in us brings us a new understanding of divine substance. In this new understanding we perceive that the kingdom of God is filled with riches untold and that as we increase our faith, as we believe and accept this truth, we open the way for plenty to bless our mind and affairs.

When like the Wise Men of old we bring our gifts of love and devotion to the Christ, we make ourselves ready to receive from Him gifts of wisdom and plenty that are greater than our mind can conceive. Wisdom is without price, but it is the free gift of the Christ in us. Without wisdom we see only dimly the infinitude of the riches of Spirit, and we know not how to claim and use them. With wisdom, we behold the wealth of divine riches that are yet unmanifest, we perceive the means by which we can cause them to become manifest, and we are directed to employ our divine powers wisely and successfully.

• *He that doeth the truth cometh to the light.*—JOHN 3:21.

# Thursday

DECEMBER 22

CHRIST IS BORN IN ME THIS DAY. BLESSED AM I WITH THE WHOLENESS OF HIS DIVINE PERFECTION.—UNITY HEALING THOUGHT.

“**G**LORY to God in the highest.” My soul rejoices in a glorious hymn of praise to the Most High God, for there is born in me this day, this moment, a new realization of my oneness with perfect divine life. The Christ is come to unfold and bring to perfection within me His holy Spirit of perfect divine life.

The Christ is born in me to redeem me from belief in physical imperfection or ill-health. His life infills me, permeating every cell of my body, uplifting and upholding my spirit with a steadfast conviction that I am now whole, strong, perfect, complete.

My heart rejoices anew in the “Son of God, love’s pure light.” Within my being Christ is saying, “I am the light of the world.” His light now reveals to me the blessing I seek, the wholeness of my divine perfection.

Christ is born in me this day, and I am blessed.

• *Unto each one of us was the grace given according to the measure of the gift of Christ.—EPH. 4:7.*

I HAVE ONE WORK TO DO, THAT OF HELPING  
BRING GOD'S KINGDOM INTO THE WORLD.

**I**T IS apparent that man cannot bring order out of the conflict in the world! God is the only answer, the only power that can harmonize world forces. Yet He needs man; He needs me. What can I do? The answer is simple: I can work for Him constantly. This is not difficult, nor complicated either. I have but to pray earnestly that I may be guided into my place in His plan.

There is a place for me in the divine plan. Once I find it—and that is easy with God's guidance—I find fulfillment, opportunity for service, abundant blessing.

After praying about it I need to do whatever job comes to hand as though I were literally doing it for God! Obviously then I will do it as perfectly as I am able. I will call upon the Christ Spirit within me to work through me. I will heed intuition. I will serve wherever I see a need. I will bless and be blessed and will humbly give thanks that I am able in some measure to help bring the kingdom of God into the world.

• *Work not for the food which perisheth, but for the food which abideth unto eternal life.—JOHN 6:27.*

# Saturday

DECEMBER 24

I LET THE LIGHT OF CHRIST SHINE FORTH  
THROUGH ME, A GIFT OF JOY TO ALL THE  
WORLD.

**T**HIS Christmastide I dedicate myself to the joyous task of bringing hope and cheer to every soul that comes my way. I will not give to some and withhold from others. I will not give more here than I do there. But to each and every one alike, friend or stranger, I will open wide the portals of my heart and let the love of God shine forth its healing light.

I will give ready smiles in abundance not only to my friends who smile at me but to store clerks, bus drivers, all public servants whose days are made so busy with the Christmas rush. Toward those in home or office, whose presence I too often take for granted, I will express more thoughtfulness than I have ever done before.

The letters I have neglected to write because I was too busy I will send forth now with extra Christmas cheer, and to all the world will I radiate the peace and love of God.

*Glory to God in the highest,  
And on earth peace.*

—LUKE 2:14.

## *The Christmas Story*



Now when Jesus was born in Bethlehem of Judaea in the days of Herod the king, behold, Wise-men from the east came to Jerusalem, saying, Where is he that is born King of the Jews? for we saw his star in the east, and are come to worship him. And when Herod the king heard it, he was troubled, and all Jerusalem with him. . . . Then Herod privily called the Wise-men, and learned of them exactly what time the star appeared. And he sent them to Bethlehem, and said, Go and search out exactly concerning the young child . . . And they . . . went their way; and lo, the star, which they saw in the east, went before them, till it came and stood over where the young child was. And when they saw the star, they rejoiced with exceeding great joy. And they came into the house and saw the young child with Mary his mother; and they fell down and worshipped him; and opening their treasures they offered unto him gifts, gold and frankincense and myrrh.

—Matt. 2:1, 2, 3, 7-11.

And there were shepherds in the same country abiding in the field, and keeping watch by night over their flock. And an angel of the Lord stood by

them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, Be not afraid; for behold I bring you good tidings of great joy which shall be to all the people: for there is born to you this day in the city of David a Saviour, who is Christ the Lord. And this *is* the sign unto you: Ye shall find a babe wrapped in swaddling clothes, and lying in a manger. And suddenly there was with the angel a multitude of the heavenly host praising God, and saying,

Glory to God in the highest,  
And on earth peace among men in whom he is well pleased.

And it came to pass, when the angels went away from them into heaven, the shepherds said one to another, Let us now go even unto Bethlehem, and see this thing that is come to pass, which the Lord hath made known unto us. And they came with haste, and found both Mary and Joseph, and the babe lying in the manger. And when they saw it, they made known concerning the saying which was spoken to them about this child. And all that heard it wondered at the things which were spoken unto them by the shepherds. But Mary kept all these sayings, pondering them in her heart. And the shepherds returned, glorifying and praising God.

—*Luke 2:8-20.*

DECEMBER 25

## *Christmas Day*

CHRIST IS BORN IN ME TODAY. HALLOWED BE HIS PRESENCE WITHIN ME.

The power of the newborn Christ in us blesses us and blesses others as we speak the living Christ word.

### *Prayers of Fulfillment*

#### *Meditation for Self*

The life of Christ fills my body.

The love of Christ fills my heart.

The substance of Christ fills my affairs.

The beauty of Christ shines forth through me

As faith and freedom, joy and courage, power and peace.

Christ is made manifest in me.

#### *Meditation for Others*

The life of Christ fills your body.

The love of Christ fills your heart.

The substance of Christ fills your affairs.

The beauty of Christ shines forth through you

As faith and freedom, joy and courage, power and peace.

Christ is made manifest in you.

• *Glory to God in the highest.—LUKE 2:14.*

I DO NOT RUN AWAY FROM ANY SITUATION IN LIFE; I FACE ALL THINGS BY TRUSTING MY FATHER WITHIN.

**T**HIS DAY I begin to develop within myself the habit of facing life courageously, thereby discouraging the tendency to run away in panic and fear every time some disturbing obstacle presents itself. I would face all situations in my life with the calm assurance of Jesus, knowing like Him that God takes care of those who trust in Him and brings them through victoriously.

If there is some unpleasantness in my home or place of business, in my relations with others, instead of thinking that freedom can come by running away I remind myself that a harmonious solution of the problem can be effected for all concerned only when I change my attitude toward it and them. This I do by expressing more love and by trusting to God within me.

So no matter what it may be that frightens me, I face the fear by calming myself and affirming the presence of God.

*We went through fire and through water;  
But thou brought us out into a wealthy place.*

—PSALMS 66:12.

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DECEMBER 27

*Tuesday*

DIVINE LIFE FLOWS THROUGH MY SOUL, MIND, AND BODY, AND I AM RENEWED AND REVITALIZED.

**I** AM spiritually alive in proportion to my ability to take hold of and express the one divine life. As I make of mind, soul, and body an open channel for this life, I understand more clearly the spiritual truths that are the only realities.

My mind is more alert, quick to receive and retain and understand all knowledge. Every cell in my body is renewed, made young and vigorous; every function is perfected.

As this life is constantly poured out and replenished through me, my affairs manifest a new harmony. Creative ideas abound, and their application in my world becomes increasingly easy. Abundance far beyond my dreams comes to me as I claim divine life for my own. Every relationship seems blessed with new significance.

I walk a blessed way. Problems seem to solve themselves. I reach new spiritual heights and maintain an increasingly Christlike consciousness.

• *He that believeth on the Son bath everlasting life.—JOHN 3:36 (A.V.).*

# Wednesday

DECEMBER 28

I AM DIVINELY GUIDED BY THE LOVING PRESENCE OF GOD WITHIN ME.

**I** PRACTICE speaking and acting in accordance with that which seems right and loving and just to me, and I pray continually for a larger realization of Truth.

I know that human judgment cannot always be relied upon, nor from a human standpoint is it always possible for me to comprehend what is truly right and loving and just.

When a decision confronts me I think the matter through as clearly as possible; then I turn it over to God and open my mind to divine illumination upon it. My clear thought about the matter opens the way for God's wisdom to shine in my mind, and the right answer is always revealed.

As I act on the guidance that comes to me I gain more confidence in myself, more confidence in God. Every time I act in a way that seems right and wise and just I come closer to God's presence, I grow in my understanding of Truth. Day by day, in small ways and in large, I am divinely guided by the loving presence of God within me.

• *I am the Alpha and the Omega, saith the Lord God, who is and who was and who is to come.*—REV. 1:8.

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DECEMBER 29

## Thursday

IT IS GOD'S WILL THAT I BE HAPPY, AND I AM KEENLY ALIVE TO THE JOYOUS THINGS IN LIFE.

**I**N HIS plan for all of us God has included much to make us supremely happy. When we realize this our entire outlook changes and we cultivate the habit of joyousness.

In contemplating God's will for us, His children, we have sometimes been inclined to think only of the more sober aspects of life. But God's will for us is not the denial of all that makes life joyous; it is in truth the fulfillment of all that our heart desires, and more!

No matter what our needs may be let us maintain a happy outlook. Let us have faith that our prayers are heard and answered. Let us know that as we keep our mind open to Truth the Father's perfect will for us will be revealed.

O loving Father, I open my mind, my heart, my life to Thy perfect will. I know that Thou hast many happy things in store for me. I keep the channels open for Thy blessings to come to me by recognizing the present good and anticipating only happiness and joy.

• *He that keepeth the law, happy is he.—PROV. 29:18.*

MOMENT BY MOMENT I GIVE MORE AND MORE OF MY BEING IN SELFLESS SERVICE TO OTHERS.

I REMIND myself this day that I am here on this earth not only for the purpose of receiving the blessings of heaven but for the purpose of sharing my good with others. God created me that He might have a worthy channel through which to transmit life, joy, peace, and love to all who come my way. He gives me light that I may keep another soul from stumbling in the darkness. He breathes His wholeness into me that I may breathe new life into those who faint.

If I would have true harmony, then I must first do all I can to be a source of harmony to others. If I would free myself from fears and doubts, then I must speak the words of strength and comfort to other souls who walk in troubled ways. It is God's will that I become to others the loving friend that He Himself is to me, understanding, forgiving, compassionate, and always deeply kind. As I thus give forth my very best as best I can the Father will then illumine me anew with greater health, greater strength, and more abundant life.

\* *He that dwelleth in love dwelleth in God.*—I JOHN 4:16 (A. V.).

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DECEMBER 31

## Saturday

I MEET THIS DAY WITH A HEART FILLED WITH JOYOUS EXPECTATION.

MANY times a heart is lonely and unhappy because it does not know in what attitude to approach life. It wants love and companionship, but because of its own feeling of aloneness and deprivation it bars from itself the very thing it wants most.

A heart that wants more of life, that wants to feel the warmth and joy of life, needs to learn to appreciate the fulfilling nature of life and to approach life with faith and expectation.

We may say, "How can we feel appreciative and expectant when we have no one to love us, no one to be interested in us?" God designed the heart to be capable of generating warmth and love and faith, and when these qualities find expression in our life they bring the heart happiness and satisfaction.

In order to be happy and to live life fully it is necessary to believe in life and its fulfilling nature, it is necessary to approach life with a heart filled with faith and expectation.

• *He that giveth heed unto the word shall find good.*  
—PROV. 16:20.

## GIVING—THE KEYNOTE OF THE CHRIST TEACHING

If any one word could be said to be the keynote of the teaching of Jesus, assuredly that word would be "giving." For Jesus spoke often of the joy and blessedness of sharing all that we have and are and hope to be with our fellow men. He taught the giving of our material substance, for the sake of those in need as well as the mere joy of sharing. He taught the giving of our spiritual substance, our wisdom, our knowledge, our love, our friendship to those who have need of them. He taught the giving of our hopes and dreams and aspirations to the divine self within each one of us. He taught the giving of the supreme gift of faith in the omnipotence of God by conquering all things, even death.

His spirit shines forth today at the Christmas season as we express Him in our giving, one to another. As we share our blessings with our neighbors at this happy time, let us endeavor to keep His spirit of giving ever with us, to seek always for more and more ways to express this spirit in every moment of our life, in all that we think, in all that we do. With Jesus' example as our divine inspiration let us carry the spirit of Christmas into every department of our life.

Dear friend of Unity, through your giving of Unity books and magazines throughout the year you have expressed the Christ spirit in countless ways. You have helped thousands of persons find the truth, the light, and the way. Unity blesses each and every one of you for your loving assistance in spreading the Christ light of Truth.

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(EFFECTIVE UNTIL JANUARY 1)



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Lee's Summit, Mo.

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**UNITY SCHOOL OF CHRISTIANITY**  
Lee's Summit, Mo.



## As a Little Child

ELIZABETH LANDEWEER

I come to Christmas with a childlike heart  
Of tender awe, of breathless sweet surprise;  
And childlike, in my soul I draw apart  
To wonder and adore with shining eyes.  
Oh, truth too great for me to comprehend  
By dint of reason, power of intellect!  
Yet when I come to Christ I understand,  
For on my trusting heart it dawns direct.  
No need to delve the depths, to search the heights,  
To question, probe, or cry, "Lo, here! Lo, there!"  
Christ comes into my heart, a star of light,  
As freely, naturally as sun and air,  
As water to my thirst or daily bread;  
And what I saw in part I now see whole;  
For in His presence joyful light is shed  
On every height and depth within my soul.  
In Him truth dwells in fullness, undefiled,  
Complete and radiant, without disguise.  
I come at Christmastide, a little child  
Drawn to His feet in wonder—and am wise.

DECEMBER 1949

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